



SAFER

SCHOOLS

July 2022

Welcome to July's newsletter. The summer holidays are nearly upon us!

As usual this newsletter has been designed to support and advise Parents and Carers of **both** Primary and Secondary school children, and therefore trust your personal judgement to share what you feel will be **relevant** information with your child/s.

The Legends Family Adventure: Internet safety activity

It's time for some summer fun. Join **The Legends Family Adventure** for a series of short fun activities for parents and children to learn together about online safety.

The Legends Family Adventure is a three-part animated series from **Google and Parent Zone** that follows a family of 'Internauts' on an epic online safety adventure.

Join them on their search for a missing teddy bear, where you will work together as a family, overcoming internet safety challenges such as how to dodge phishers, cyberbullies and hackers whilst meeting superheroes who will help unlock the secrets of the legend code along the way.



For more information please follow this link: beinternetlegends.withgoogle.com/en_uk/parents/adventure

Parent Zone have a range of digital advice, activities and ideas for parents/carers and families. Please follow this link to gain access to their resources: www.parentzone.org.uk

Road Safety advice

Near Misses:

Unfortunately near misses happen too often due to momentarily losing concentration. Please remind your family of some simple rules when crossing roads.

- Remove earphones so you can listen for traffic
- Place mobile phone in your pocket before you cross
- Stop, look both ways & listen **EVERYTIME**
- Never cross between parked cars
- **Be bright, be seen!**



Helmets save lives:

Our message is simple – do not ride your bike without a helmet it could save your life!

Seatbelts are there for a reason:

There are still a lot of people, including children who do not wear their seatbelts! Make it second nature, just like putting on your socks - there are no excuses. Children - tell your parents off if you see them with no seatbelt.

Call: 101
 Telephone: 18001 101
 Visit: cambs.police.uk
 Follow: CambsCops
 Subscribe: eCops.org.uk

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Antisocial Behaviour – What can I do as a Parent/Carer?

Summer is upon us with warmer & lighter evenings!! Your child may be wanting to spend more time out of the house socialising with their friends. If this is the case, then it might be a good opportunity to talk to your child about their behaviour whilst they are out in the community. Set some boundaries and ensure that they have a good understanding of what is expected of them.

Before they go out, ask:

- What they are planning to do?
- Where they are going?
- Who they are going out with?
- What time, and how they will be getting home?



It is important not to underestimate the impact of peer pressure on a child's behaviour, and what might first appear to be harmless fun for them, could quickly and easily escalate into criminal behaviour. Talk to your child about the consequences of becoming involved in ASB and the impact that it could have on their future life if they receive a criminal record. It is important that they understand the effect their behaviour could be having on other people living within the community, especially the elderly or vulnerable residents who live alone and might be easily intimidated.

Remind them:

- To think about what they are doing whilst they are out
- Not to cause distress or annoyance to others
- Not to cause damage to property
- Not to put themselves or others in danger



Remember: Young people can also be victims of ASB so it important to make sure they know how to keep themselves safe and what they would need to do if they need the assistance of an adult.

999 BSL: New service to help the deaf community

999 BSL is the UK's first ever **Emergency Video Relay Service** which was launched on the 17th June 2022. The service enables deaf BSL users in the UK to have immediate, direct video access to an Ofcom approved sign language translator. The translator will make a 999 call to the emergency services such as Police, Ambulance, Fire, and Coastguard on behalf of the user.



The service is available to [download](#) as a smartphone app (android/ios) as well being a web-based platform. To find out more about **999 BSL** please email info@999bsl.co.uk or follow this link 999bsl.co.uk/ for a step-by-step video tutorial and FAQ's

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Summer Water safety reminder!



Having fun in the sun during the summer holidays often includes water, be it in a paddling pool, Lido, villa pool, lake, river or the sea. However, whilst it is refreshing to take a dip, staying safe is vital. Sadly, many children and young people get into difficulties.

It is great that people, especially young people are rediscovering the countryside around them and reaping the mental and physical benefits of reconnecting with nature. This also means a lot of people are taking to our waterways both inland and coastal for the first time.

Unfortunately we are experiencing reports of children and young people cooling off in lakes, rivers and reservoirs throughout our county. We can't stop people from going near, on or into water but we can educate and ensure, especially our children and young people about the dangers, and how best to protect themselves before they venture out.

Safety tips:

- Do your homework on the area you are visiting before you set off, be aware of wind direction and tides. Water craft can be taken quickly by wind and tide leaving you in deep water and a long way from the bank
- Always read and comply with warning signs/notices
- Wear the correct personal floatation device: a life jacket or a buoyancy aid depending on your chosen activity
- Make sure your personal floatation device is fitted correctly and suitable for your body weight
- Tell people where you are going and go with a friend if you can
- Take a mobile phone or means of contacting others in a waterproof bag if possible
- Do not enter the water if you can't swim!!!**
- Know how to best combat cold water shock: follow the hashtag **#floattolive** or visit <https://rnli.org/safety/know-the-risks/cold-water-shock>

Cambridgeshire Fire and Rescue also offer a range of water safety messaging for children and young adults. Their aim is for water safety messaging to become embedded as children continue through their schooling. Please follow this link for more information: <https://www.cambsfire.gov.uk/community-safety/outdoor-safety/water-safety/>

For the younger children, please follow this link to hear the story of how Jet –The Firefighting Dragon learned some valuable water safety advice: **#BeWaterAware #RespectTheWater" / Twitter**

If you have any enquiries about water safety messages for children and young adults, please contact Cambridgeshire fire and rescue business engagement department bsgservicedesk@cambsfire.gov.uk and they will help you with age appropriate water safety messaging you need.

Enjoy the warm weather but please take a second to think about staying safe near water