

## **Fulbourn Primary School**

### **Healthy Schools Award: Impact Statement**

The Healthy Schools Award is a respected accreditation that recognises schools taking a whole school approach to promoting health, wellbeing and resilience for students, staff and the wider community. Achieving this award shows that a school has embedded health and wellbeing into every part of school life, from leadership and policies to the learning environment and links with families.

#### **Key Impacts**

##### **Empowering Children Through Student Voice:**

Children at Fulbourn are encouraged to share their ideas and influence school life in meaningful ways. Through the wellbeing, curriculum and environment committees, as well as the school's three year Dreams Phase, students help shape priorities and improvements. Roles such as ambassadors, house captains and buddies build confidence, independence and social responsibility.

##### **A Curriculum to Support Wellbeing and Personal Growth:**

Fulbourn's curriculum places wellbeing and personal development at its core. The Know Yourself, Grow Yourself programme helps children understand emotions, relationships and safety, while the ecology curriculum offers hands on learning about nature and the environment. Skills Builder, Picture News assemblies, Candle Times and enrichment activities all help children develop confidence, teamwork, communication and aspirations.

##### **Strong Pastoral Care and Emotional Support:**

Pastoral support is a clear strength of the school. Children have several trusted adults they can turn to, and systems such as talk books, bubble time and access to the pastoral team ensure support is available when needed. An experienced ELSA and a trained Senior Mental Health Lead play an important role in early help, and calm, uncluttered classrooms help children feel settled and secure.

##### **Broad and Inclusive Physical Activity:**

A wide range of physical activity opportunities including OPAL play, loose parts, forest school, specialist coaching, enrichment clubs and team sports, ensures that children stay active in positive ways. Support for less active students and additional cycling guidance make physical activity accessible for all.

### Meaningful Food Education and Healthy Choices:

Children enjoy a rich food education through seasonal cooking, cultural celebrations, design technology lessons and Healthy Lifestyles Week. The ecology curriculum provides hands on learning about growing produce and sustainability, and national healthy eating campaigns such as Eat Them to Defeat Them and Beat the Bean encourage positive attitudes towards food. The school also promotes a calm, sociable dining experience that supports healthy habits.

### Inclusion, Diversity and Strong Community Partnerships:

Fulbourn places a strong emphasis on ensuring that every child feels represented, included and supported. The curriculum has been reviewed through a diversity, equality and inclusion lens, and training from DiverseEd and the PSHE service has strengthened staff confidence. Accessible spaces, SEND inclusive practice and plans for sensory provision further enhance support for children's needs. The school also works closely with families and external partners, offering workshops, coffee mornings and clear wellbeing guidance linked to trusted services such as H.A.Y., Early Help and NHS support.

### Summary

Fulbourn Primary School has demonstrated a strong, whole school commitment to promoting health, wellbeing and resilience, with student voice, pastoral support and inclusive practice firmly embedded in daily school life. Children benefit from a nurturing curriculum that supports emotional literacy, safety, positive relationships and personal growth, alongside a rich offer of physical activity, food education and opportunities to lead. The school works closely with families and community partners, creating a supportive and engaging environment where students feel listened to, valued and able to thrive. The Healthy Schools Award recognises the positive culture Fulbourn has created and the meaningful impact this has on its whole community.

