

Fulbourn PE vocabulary guide

Phase	Dance	Gymnastics	Games	Swimming
EYFS	Perform Direction Space Speed Partner	Forwards Backwards Sideways Wide Narrow Balance Apparatus Roll	Balance Target Throw Roll Jump Speed Push Bounce	
Year 1/2	Beat Travel Levels Control Co-ordination Solo Collaboration Performance Phrase	Control Pike Posture Straddle Straight Tension Travel Tuck Twist Star	Accuracy Aim Base Co-ordination Control Rotate Technique Timing Receive Strike Sportsmanship	
Year 3/4	Repetition Pattern Canon Unison Formation Pivot Improvise Sequence Rhythm Mirror	Co-operation Asymmetry Symmetry Canon Counterbalance Unison Sequence	Agility Dribble Send Attack Defend Passing Support Collaboration Rules Consequence	Float Bubbles Position Scoop Breaststroke Backstroke Front crawl Breathing Push Glide
Year 5/6	Technique Pattern Tempo Variation Action Reaction Fluency Motif Precision	Bridging Rotation Technique Extend Dynamic Dish Arch Points of balance	Pass (bounce, chest & shoulder) Dodging Footwork Intercept Marking Non-contact Pivot Position Tag Try Invasion	Submerge Self-rescue