

PE Rolling programme
Cycle A 2023-24
Cycle B 2024-25

Phase	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception/Year 1	R Teacher: Gymnastics – Fun shapes 1 Teacher: Trails, Trust and Teamwork (OA unit) PPA: Fundamentals Unit 1 (EYFS)	R Teacher: Dance – Christmas Performance 1 Teacher: Dance – Christmas Performance PPA: Fundamentals Unit 2 (EYFS)	R Teacher: Gymnastics – Move and Hold 1 Teacher: Gymnastics – Jumping Jacks PPA: 1) Forest School 2) Fundamentals Unit 3 (EYFS/y1)	R Teacher: Dance - Toys 1 Teacher: Dance – Weather PPA: 1) Fundamentals Unit 3 (EYFS/y1) 2) Forest School	R Teacher: Dance – On Parade 1 Teacher: Gymnastics – Rock and Roll PPA: Fundamentals Unit 1 (y1)	R Teacher: Sports Day Activity Prep 1 Teacher: Dance – Moving Words PPA: 1) Forest School (3 weeks), then Sports Day Race Prep. (3 weeks) 2) Sports Day Race Prep. (4 weeks), then Forest School (4 weeks)
Year 1 and 2	Teacher: Trails, Trust and Teamwork (OA unit) PPA: 1) Forest School 2) Gymnastics – Jumping Jacks	Teacher: Dance – Christmas Performance PPA: 1) Gymnastics – Jumping Jacks 2) Forest School	Teacher: Gymnastics – Rock and Roll PPA: Games – Fundamentals Unit 1 (y1)	Teacher: Dance – Weather PPA: Games – Fundamentals Unit 2 (y1)	Teacher: Dance – Moving Words PPA: 1) Forest School (3 weeks), then Sports Day Prep. (3 weeks) 2) Sports Day Prep. (3 weeks), then Forest School (3 weeks)	Teacher: Multi-skills Festival PPA: Games – Fundamentals Unit 3 (EYFS/y1)
Year 3 and 4	Teacher: Co-operation, communication and consideration (OA unit) PPA: 1) Forest School 2) Gymnastics – Patterns & Pathways 3) Gymnastics – Patterns & Pathways	Teacher: Dance – Machines PPA: 1) Gymnastics – Patterns & Pathways 2) Forest School 3) Games – Ball Handling Skills	Teacher: Gymnastics – Hand apparatus PPA: 1) Games – Ball Handling Skills 2) Games – Ball Handling Skills 3) Forest School	Teacher: Dance – For Production PPA: 1) Swimming 2) Games – Striking & Fielding 3) Games – Striking & Fielding	Teacher: Dance – Solar Systems PPA: 1) Games – Striking & Fielding 2) Swimming 3) Games – Tennis	Teacher: Athletics (y3) PPA: 1) Games – Tennis 2) Games – Tennis 3) Swimming
Year 5 and 6	Teacher: Co-operation, communication and consideration (OA unit) PPA: 1) Swimming 2) Gymnastics – Pair Composition 3) Gymnastics – Pair Composition	Teacher: Dance – Dance Styles PPA: 1) Gymnastics – Pair Composition 2) Swimming 3) Games - Netball	Teacher: Gymnastics – Press & Go PPA: 1) Games - Netball 2) Games - Netball 3) Swimming	Teacher: Dance – On the Beach PPA: 1) Forest School 2) Games – Football 3) Games – Football	Teacher: Pickle ball PPA: 1) Games - Football 2) Forest School 3) Athletics (y5)	Teacher: Dance – For Production PPA: 1) Athletics (y5) 2) Athletics (y5) 3) Forest School