



Friday 12<sup>th</sup> January 2024

Dear Parents and Carers,

### **Re: Year 5/6 Relationships and Sex Education (RSE)**

Next half-term, our PSHE (Personal, Social and Health Education) curriculum will cover 'Relationships and Sex Education' (RSE). We are writing to let you know what learning we will be covering and to invite parents and carers to discuss and view the materials.

At an age-appropriate level, the pupils will be learning about:

- Personal hygiene
- Changes during puberty
- The facts of the human life cycle including procreative sexual intercourse
- The stages of pregnancy including birth
- The concepts of love, trust and consent in relationships, especially intimate relationships

Each aspect is dealt with as factually as possible. At times, lessons will be delivered in gender specific groups when appropriate.

Throughout this learning the children will have access to a 'Talk Box' where they can post, anonymously, any questions which they may have. These questions can then be answered by us.

We will be using the Channel Four 'Living and Growing Resources' to support the delivery of our RSE curriculum, supplemented by the Collins 'My Life' resources. These resources are recommended by the Cambridgeshire Primary Personal Development Programme. We feel that it is important to offer parents and carers an opportunity to view a sample of the lesson resources and discuss any questions you may have.

We have arranged to show these on **Monday 29<sup>th</sup> January at 5pm**

Join **Teams Meeting**

[https://teams.microsoft.com/l/meetup-join/19%3ameeting\\_MzUwYmJlZjAtMjc4OC00MTc4LTliMDYtNmJmYWV3YmV3MjMx%40thread.v2/0?context=%7b%22Tid%22%3a%22ae0a542f-387a-456e-be6e-609bb2e59615%22%2c%22Oid%22%3a%2214994938-3602-4aa7-983c-897d3620e386%22%7d](https://teams.microsoft.com/l/meetup-join/19%3ameeting_MzUwYmJlZjAtMjc4OC00MTc4LTliMDYtNmJmYWV3YmV3MjMx%40thread.v2/0?context=%7b%22Tid%22%3a%22ae0a542f-387a-456e-be6e-609bb2e59615%22%2c%22Oid%22%3a%2214994938-3602-4aa7-983c-897d3620e386%22%7d)

or using

Meeting ID: 388 968 114 603

Passcode: dXvSPg

These are some useful sources of support for parents/carers:

To read the government guidance for Primary parents/carers on RSE, follow this link:

[assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/812593/RSE\\_primary\\_schools\\_guide\\_for\\_parents.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/812593/RSE_primary_schools_guide_for_parents.pdf)

For information on talking about RSE to your children, try:

[www.bigtalkeducation.co.uk/parents/how-to-talk-about-sex/](http://www.bigtalkeducation.co.uk/parents/how-to-talk-about-sex/)

You are entitled to withdraw your child from the elements of our programme defined as sex education i.e. learning about human conception and birth. If you are unsure what is right for your child, please get in touch with us and attend the meeting on 29<sup>th</sup> January to help you reach an informed view. If you have any further questions regarding this area of the curriculum, we can be contacted at any time by emailing the office.

Upper School Teaching Team