



Fulbourn Primary School

School Lane, Fulbourn, Cambridge CB21 5BH
Tel: 01223 712525
e-mail: office@fulbourn.cambs.sch.uk

9th May, 2024

Dear Parents and Carers,

Healthy Schools Week 2024 - Monday 10th – Friday 14th June

This year, we are introducing our first **Healthy Schools Week** at Fulbourn. We will have a focus on how we can make healthy choices, linked with both food and exercise. The children will explore lots of ways to keep their minds and bodies healthy.

During the week, each phase will have a full day off timetable. The children will all have a chance to cook or bake something in the DT room, and then enjoy eating this as part of a phase picnic at lunchtime that day (the children will still have their usual school dinner or packed lunch – they will have made something additional). To introduce the children to alternative ways of exercising, they will take part in some active sessions which promote movement – in different ways to their PE lessons!

We will end the week with a Community Food Celebration where families will have a chance to share samples of their favourite dishes with the school community. It will take place from 15:15 on Friday 14th June. Look out for a separate letter with more details soon.

Best wishes,

The Healthy Schools Change Team

Miss Edwards-King, Miss Horsman, Ms. Mandra, Miss Middleditch, Ms. Richman

Headteacher: Mrs Beci McCaughran
